

## Homeless Related Frequently Asked Questions and Resources

### 1. Are there shelters in Chula Vista?

There are emergency shelters, transitional housing, supportive housing, seasonal shelters, and hotel/motel vouchers available for homeless persons in the Chula Vista area. To check the availability of housing, please dial 2-1-1. 211 San Diego serves as the informational hub that connects people with community resources like housing. For a complete listing of housing available in San Diego County, please see the San Diego County Housing Resources Directory.

### 2. Are there any free or low-cost health clinics?

The Chula Vista Family Health Center, located at 251 Landis Avenue in Chula Vista is committed to serving uninsured, low-income and medically underserved persons. Their phone number is (619) 934-9578.

### 3. Is panhandling legal in the City of Chula Vista?

Yes it is, under certain conditions and circumstances. Panhandling is not permitted within 500 feet of a freeway access ramp. Additionally, the panhandling activity must not be aggressive enough to be deemed "accosting a person for purpose of begging." Lastly, the activity must not in any way inhibit the normal flow and process of businesses.

### 4. Is there any central location to access different community services?

Yes. 211 San Diego is a resource and information hub that connects people with community, health and disaster services through a no-cost, 24/7, stigma-free confidential phone service (dial 2-1-1) and searchable online database. 211 San Diego serves the entire population of San Diego County. South Bay Community Services, located in Chula Vista, is also a hub for many different resources within our local community. They can be contacted at (619) 420-3620. Additionally, there are many other resources available on our Housing Resources website.

### 5. Is drinking alcohol allowed in local parks?

Alcohol consumption is not permitted in any city park that has signs that prohibit alcohol consumption. In parks that are not posted with these signs, alcohol consumption is not permitted between 8 p.m. and 7 a.m. from April to October, and between 7 p.m. and 7 a.m., from November to March.

### 6. What other activities are prohibited in City parks?

Local parks have posted hours of operation, and being in the park after the posted hours is trespassing. No camping or overnight activities are allowed. Bathing, fishing, using sinks to wash clothes, and having open fires are also all prohibited.

### Homeless Resources

#### [South Bay Homeless Alliance Resource List](#)

### Community Resources

- [2-1-1 San Diego, 211](#)



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- South Bay Community Services, (619) 420-3620

### **Housing**

- 2-1-1 San Diego, 211
- South Bay Community Services, (619) 420-3620 (office) or (800) 640-2933 (24-hour hotline)
  - *Domestic violence*
  - *Homeless families*
  - *Hotel/motel vouchers*
  - *Youth aging out of foster care*
- Interfaith Seasonal Shelter Network, (619) 702-5399
- San Diego County Housing Resources Directory

### **Self Help**

- San Diego County Alcohol and Drug Services, (619) 584-5007
- Alcoholics Anonymous, (619) 476-0288
- Narcotics Anonymous, (619) 584-1007

### **Mental Health and Support Services**

- San Diego Access and Crisis Line, (888) 724-7240
- Mental Health America, (619) 543-0412

### **Health Clinics**

- **HHSA Public Health Center, (619) 409-3310**  
690 Oxford Street, Chula Vista CA 91910

This facility houses administration offices for the South Region, as well as a Public Health Center, and a Family Resource Center. Clients can receive an array of services here, including health tests and screenings for children and adults, self-sufficiency programs and more.

- **Chula Vista Family Health Center, (619) 515-2500**  
251 Landis Avenue, Chula Vista CA 91910

Family Health Centers of San Diego is a private non-profit community clinic organization that is an integral part of San Diego's healthcare safety net. Since 1970, their mission has been to provide caring, affordable, high quality healthcare and supportive services to everyone, with a special commitment to uninsured, low-income and medically underserved persons.



- **National City Family Clinic, (619) 336-2300**  
1136 D Avenue, National City CA 91950
- **La Maestra Community Health Center, (619) 584-1612**  
217 Highland Avenue, National City CA 91950

Dedicated to transforming the health and well-being of low-income and immigrant residents through compassionate care, self-sufficiency and community participation, La Maestra Community Health Centers has grown into an award-winning health organization that serves on average of 200 low-income residents a day, and has treated an estimated 65,000 patients since 1990.

- **Veterans Affairs Health, (619) 400-5157**  
835 Third Avenue, Chula Vista CA 91911

Serves homeless veterans in the areas of Primary Care, Audiology Services, Mental Health, Laboratory, Optometry, and Emergency Medications. This location does not provide emergency medical services.